

Hormone Products for Postmenopausal Use in the United States and Canada

Compiled by The North American Menopause Society
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Table 1. Oral ET Products for Postmenopausal Use in the United States and Canada

Composition	Product Name	Available Dosages (mg)
conjugated estrogens (formerly conjugated equine estrogens)	Premarin	0.3, 0.45*, 0.625, 0.9, 1.25
synthetic conjugated estrogens, A	Cenestin*	0.3, 0.45, 0.625, 0.9, 1.25
	Congest**	0.3, 0.625, 0.9, 1.25, 2.5
	C.E.S**	0.3, 0.625, 0.9, 1.25
	PMS-Conjugated**	0.3, 0.625, 0.9, 1.25
synthetic conjugated estrogens, B	Enjuvia*	0.3, 0.45, 0.625, 0.9, 1.25
esterified estrogens	Menest*	0.3, 0.625, 1.25, 2.5
	Neo-Estrone**	0.3, 0.625, 1.25
17 β -estradiol	Estrace	0.5, 1.0, 2.0
	various generics	0.5, 1.0, 2.0
estradiol acetate	Femtrace*	0.45, 0.9, 1.8
estropipate (formerly piperazine estrone sulfate)	Ortho-Est*	0.625 (0.75 estropipate, calculated as sodium estrone sulfate 0.625), 1.25 (1.5), 2.5 (3.0)
	Ogen** various generics	0.625 (0.75), 1.25 (1.5), 2.5 (3.0) 0.625 (0.75), 1.25 (3.0)

* Available in the United States but not Canada.

** Available in Canada but not the United States.

Products not marked are available in the United States and Canada.

Table 2. Transdermal and Topical ET Products for Postmenopausal Use in the United States and Canada

Composition	Product Name	Delivery Rate (mg/day)	Dosing
17 β -estradiol matrix patch	Alora*	0.025, 0.05, 0.075, 0.1	twice weekly
	Climara	0.025, 0.0375*, 0.05, 0.075, 0.1	once weekly
	Esclim*	0.025, 0.0375, 0.05, 0.075, 0.1	twice weekly
	Estradot**	0.025, 0.0375, 0.05, 0.075, 0.1	twice weekly
	Menostar*	0.014	once weekly
	Oesclim**	0.05, 0.1	twice weekly
	Vivelle	0.05, 0.1*	twice weekly
	Vivelle-Dot*	0.025, 0.0375, 0.05, 0.075, 0.1	twice weekly
	various generics	0.1, 0.05	once or twice weekly
17 β -estradiol reservoir patch	Estraderm	0.05, 0.1	twice weekly (patch cannot be cut)
17 β -estradiol transdermal gel	EstroGel 0.06%* Estrogel 0.06%**	0.035	daily application; 1 metered pump delivers 1.25 g of gel containing 0.75 mg 17 β -estradiol
	Elestrin 0.06%*	0.0125	daily application; 1 metered pump delivers 0.87 g of gel containing 0.52 mg 17 β -estradiol
	Divigel 0.1%*	0.003, 0.009, 0.027	daily application; 3 strengths of packets provide 0.25, 0.5, or 1.0 g of gel
17 β -estradiol topical emulsion	Estrasorb*	0.05 (2 packets)	daily application of 2 packets; 1 packet = 1.74 g of emulsion
17 β -estradiol transdermal spray	Evamist*	0.021 mg per 90 mL spray (metered-dose pump)	initial: 1 spray/d of 1.7% solution, increasing to 2-3 sprays/d if needed

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