References, Tools, and Resources About Adherence


### Tools and Resources

Adherence. Toolkit developed by University of Virginia Department of Medicine, the University of Cincinnati Center for Continuing Professional Development, Healthcare Performance Consulting, and Interstate Postgraduate Medical Association. 2009.  


Importance of Medications Form. The Importance of Medications Form provides patients with helpful tips and suggestions for preparing to talk with physicians and pharmacists about medications, including key points to keep in mind in preparing for an appointment, best ways to actively participate in discussions, how to bring up concerns and questions, and tips for storing medications. Available as a downloadable form from [http://adultmeducation.com/ConsumerInformation.html](http://adultmeducation.com/ConsumerInformation.html).

Medication Record Form. The Medication Record Form is a useful tool that enables patients to keep track of all of their prescribed medications on a single form, and includes columns for recording information related to dosing, time of day, description of the appearance of the medication, side effects, and other notes and instructions. Patients can complete this form and
take it with them to doctors’ appointments to facilitate information sharing and discussion. Available as a downloadable form from http://adultmeducation.com/ConsumerInformation.html.