

## Prescription to Learn<sup>Rx</sup>

### Rheumatoid Arthritis: Take an Active Part in Your Care

*Recommended for you by your healthcare provider*

The following programs have been recommended for you to help you better understand:

- The treatment goals for rheumatoid arthritis
- How keeping track of your symptoms and joining a registry can help you and others with rheumatoid arthritis
- How women with rheumatoid arthritis can deliver healthy babies

### Rheumatoid Arthritis: Take an Active Part in Your Care Online Programs

*Recommended for you*

- How Can I Manage My Rheumatoid Arthritis Better?**
- Pregnancy and Rheumatoid Arthritis: Can They Go Together?**

***To access these programs and additional resources, go to:***

<http://education.webmd.com/better-living-with-ra>



In these programs, you will learn about the treatment goals for rheumatoid arthritis and how keeping track of your symptoms can help you reach these goals.