

### **Talk to Your Doctor or Health Care Provider**

In providing good care, your doctor or health care provider may do exams or tests that Medicare doesn't cover. Your doctor or health care provider also may recommend that you have tests more or less often than Medicare covers them.

Talk to your doctor or health care provider to find out how often you need certain exams or tests to stay healthy.

### **Get Test Results**

If you don't hear from your health care provider, call and ask for the results. Ask what the results mean for your care, and use that information to talk with your provider and make decisions. Don't assume the results are fine if you don't get them when expected.

### **Resources**

For more information about Medicare preventive services, you can do the following:

- Visit [www.medicare.gov/publications](http://www.medicare.gov/publications) to view the booklet, "Your Guide to Medicare's Preventive Services."
- Visit [www.MyMedicare.gov](http://www.MyMedicare.gov) to get direct access to your preventive health information.
- Call 1-800-MEDICARE (1-800-633-4227). TTY users should call 1-877-486-2048.
- Call your State Health Insurance Assistance Program (SHIP). Call 1-800-MEDICARE for your SHIP's phone number, or visit [www.medicare.gov/contacts](http://www.medicare.gov/contacts).

## **Questions to Ask about Medicare Preventive Services**



**Are you visiting your doctor or other health care provider? Be prepared with a list of questions you can take with you.**



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